# Burglar & Fire Alarm Basics

# Vanguard Security Corporation www.DIYalarms



- Understanding the basic Security and Fire Alarm system.
- Understanding the Security system components.
- Understanding zones and the different wiring configurations.
- Understanding input and output devices.
- Understanding system communications and devices.
- Knowing what to have with you on site.

# A Burglar Alarm...

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 Detects an entry, or the attempted entry, of intruders into a protected premises – then signals their presence to others either locally, remotely or both.



# A Fire System...

 Detects the activation of manual or automatic signal initiating devices, such as a pull station or smoke detector – then activates the alarm locally and remotely where required.



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# In Summary...



# Installation

- Acts as a visible deterrent against
  - Burglary
  - Vandalism
  - Etc...
- Provides "peace of mind" to users
  - On premises
  - Away from the premises
  - Helps to reduce insurance costs



# Login

- Warns of an abnormal condition i.e. fire, smoke, high heat, rising temp.
- Notifies the premise occupants
- Notifies fire department via central station connection when desired
- May operate fire safety functions i.e. shut down A/C fans



# Burglar & Fire Alarm Basics

Security System Components



# **Security System Components**



- Control panel
- Keypads
- Zones
- Input devices (contacts, motion detectors, etc.)
- Output devices (horns, strobes, etc.)

# **The Control Panel**

- Central Processing Unit (CPU)
  - Receives signals from initiation devices (contacts, motion detectors, smoke detectors etc.) and activates appropriate notification devices (dialer, horns, strobes etc.)
  - Electrically monitors system wiring and primary power
  - Processes programmed instructions/reactions

# Programming Methods

- -Keypad programming
  - Enter data using an alpha keypad on site
- -Computer programming
  - Data sent using a computer, compass software and modem via phone line into the control panel's memory
  - Data may also be sent to the control panel on site via "direct connection" on certain panel models via laptop computer





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# Power Supply

- -Use and un-switched outlet less than 50 feet from the panel and run 18 gauge wire from the panel to the transformer.
- 9-18 Volt Transformer
  - Step down transformer
  - Ademco systems come with the correct transformer
  - Transformer may be verified by checking Summary of Connections diagram
- Battery Backup
  - Supplies current for the sounding of bells, horns, etc.
  - Provides current during AC power outages
  - Fire systems require specific amounts of available backup time (controlled by local A.H.J.)

# Keypads

- An input device that allows user to
  - "Arm" or turn on the burglary portion
  - "Disarm" or turn off the burglary portion
  - "Bypass" or remove a portion of the system
  - In essence, control the system
- Provides system status
  - Visually
  - Audibly

# Burglar & Fire Alarm Basics

**Zones** 



# What Is A Zone?

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 A detection circuit, or zone, is a specific part of the security system which is programmed to respond in a certain way to the presence of an intruder, fire, or other condition.

- Why do we use them?
  - Individually programmable
  - -Identifies the area & signal type (burg, fire)
  - -Helps authorities respond more effectively
  - -Simplifies troubleshooting & testing
  - Bypassing zones allows user to arm only part of the system

# **Zone Configurations**

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#### Hardwire

A zone input which is physically connected to the control panel

# Soft Zone

 A zone input that does not take a physical location, like a keypad zone or duress (Ambush) code

# Wireless

- A zone input originating in a self contained device with on board wireless transmitter and battery for power.
- Panels that support wireless zones require a wireless receiver to pick up the signals and send them to the control panel for processing (some control panels have a receiver built in, others will require you to add one)

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- Perimeter, entry/exit
  - Normally the exterior
    - Doors, windows, glass break detectors, etc.
- Interior
  - Space protection that may be bypassed as a group when users wish to arm the system but stay in the premise
    - Motion detectors, glass break detectors, etc.
- Fire
  - 24 hour
    - Smoke or Heat detector
- •24 Hour
  - Silent or Audible
    - Panic button, hold up button, medical button, etc.

# Fault

- Fault occurs when a zone changes state from its normal non-violated position (i.e. a normally closed contact opens – for example a door or window is opened)
- An indication of the faulted zone will be displayed / annunciated on the control panel keypad

# Alarm

- Alarm occurs when a fault happens on 24 hour zone or when the control panel is armed and the fault takes place on a burglary zone
- The control panel will activate alarm annunciation devices as programmed / designed (horns, bells, strobes, lights etc.)
- The control panel may also communicate the alarm to a remote Central Station monitoring service

#### Trouble

- Trouble is activated when an abnormal condition occurs (i.e. loop resistance fluctuates beyond tolerances)
- Trouble occurs most commonly on supervised loops (24 hour panic, fire etc.)
- Typically a trouble condition will cause annunciation at the keypad and display of the zone in trouble
- Trouble may optionally communicate to Central Station monitoring service on most control panels

# Restore

- Restore is the term used to indicate that the condition causing the Fault, Alarm, Trouble has cleared (i.e. the violated door/window has been closed, or the zone resistance problem has been corrected)
- Restores may optionally be communicated to Central Station monitoring service on most control panels

## Supervised Zone

- A "supervised" zone is wired with a resistor (values differ) at the last device on that zone (this is known as End Of Line Resistor or EOLR)
  - The zone is then monitored by the control panel if the resistance on the loop changes then a fault or alarm will occur based on that particular zones programming
  - Resistance may change because a protection device has been activated (i.e. a door is opened), or the wire run of that zone has been damaged or cut

# Non-Supervised

- A "non-supervised" zone has no resistor at the last device on the zone (no EOLR)
- The control panel has no way to detect potential damage or tampering on the zone
- Non-supervised style zones are <u>not</u> recommended

### Ready

- "Ready" refers to the state of a specific zone or the control panel as a whole
- If a zone is ready there is no current fault, alarm or trouble condition on that zone
- When the control panel is ready there are no current faults, alarm memories or trouble conditions on ANY of the zones
  - A control panel should be "ready" when arming

- Types of zone loops
  - Normally closed
  - Normally closed EOLR (Supervised)
  - Normally open
  - Normally open EOLR (Supervised)
- Ways to wire zone loops
  - Series
  - Parallel

- Zone must be closed for current to flow
- If zone opens a fault / alarm occurs
- All devices must be normally closed
- Not recommended

# Normally Closed Circuit

No End Of Line Resistor (EOLR) (un-supervised)



- Most common type of zone for burglar alarms
- Proper resistance monitored by the control panel
- Allows installer to combine normally open AND normally closed devices if necessary
- Open OR short causes fault / alarm
- Recommended



- Generally used for 24 hour zones
- Short results in alarm
- Not recommended

### **Normally Open Circuit**

No End Of Line Resistor (EOLR) (un-supervised)



- Most common type of zone for fire and other 24 hour devices
- Proper resistance monitored by the control panel
- Short causes fault / alarm
- Open causes fault, alarm or trouble condition depending on the zone's response type
- Recommended



### Wiring Basics - Series

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### **Wiring Basics - Parallel**

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# Burglar & Fire Alarm Basics

**Input Devices** 



- Monitor specific conditions within the system
  - Report status changes to the control panel
  - May be powered by the control panel or optional power supply
  - The "Eyes & Ears" of the system
- Connected to the control panel using zones

- Magnetic contacts
- Passive Infra-red motion detectors
  - Also Called A P. I. R.
- Dual technology motion detectors
  - Use infra-red AND microwave
- Glass break detectors
- Photoelectric beams
- Wireless

# Magnetic Contacts

- A common cost effective means of protection
- Used on any accessible opening
- Proper alignment on installation is important
- Classified by
  - Recessed or Surface Mounting
  - Size
  - Gap
  - Color
  - Normally Open
  - Normally Closed





Mag

- Passive Infrared motion detectors
  - Require power from control panel / alternate source
  - A variety of coverage patterns are available
  - Use infra-red technology to detect movement
  - Avoid
    - Direct sunlight or white light
    - Heating systems
    - Sources of air movement
  - Mount so that movement is across detection pattern
    - Be certain to mount at the proper height (see motion detector's installation instructions)
  - ALWAYS walk test a motion detector
    - P.I.R.s may require masking

- Dual Technology Motions
  - Require power from control panel / alternate source
  - A variety of coverage patterns are available
  - Use Infra-red AND Microwave to detect movement
  - Both sensing modes must trip for alarm activation
  - Lowers false alarms due to environment
  - Be certain to mount at the proper height (see motion detector's installation instructions)
- ALWAYS walk test a motion detector
  - P.I.R. may require masking
  - Microwave output must be adjusted (will penetrate walls etc.)

### **Input Devices - Burg**

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# Glass Break Detectors

- Require separate power from the control panel / alternate source
- Used for perimeter glass breakage detection
- May protect several windows at the same time
- Follow instructions for proper placement
- ALWAYS test your glass break detectors with an approved glass break simulator (for recommended simulator and testing guidelines see installation instructions that come with the glass break detector)

# **Input Devices - Burg**

- Characteristics of breaking glass
  - Breaking glass produces waves of sound
    - Amplitude
    - Pitch
    - Duration

- Sound varies and depends on size and type of glass
- Room acoustics effect sound waves
  - Curtains, blinds, furniture can block sound
  - Very large rooms have little reflective sound

- -Audio switch
  - Simple microphone that picks up loud noises
  - Non discriminating
- Audio discriminators
  - Advanced technology
  - Senses <u>Forced</u> Entry (Breaking Glass, Splintering Wood)
- Combination Sensors
  - Shock & Audio
  - Flex Sensors

### **Input Devices - Wireless**

- Wireless (Radio Frequency RF)
  - Wireless input devices may also communicate with control panel (most Ademco systems)
  - Requires
    - Receiver and Transmitters
  - Options
    - Supervised or Non-supervised
    - Single Or Multi-zoned



# **Input Devices**

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# **Initiating Devices**

- Fire
  - Automatic
    - Smoke Detectors
    - Heat Detectors
    - Water Flow Switches
    - Fire Box (Pull Stations)
- Property
  - Temperature Detectors

# **Input Devices - Fire**

**Automatic Initiating Devices** 

# Smoke Detectors

- Photoelectric models
  - Works with light scattering principle
  - Contains light and photosensitive sensor
  - During normal operation light does not fall on sensor
  - Smoke in chamber causes light to reflect onto the photoelectriceye, causing an alarm condition
- Ionization models
  - Small amount of radioactive material ionizes chamber
  - Current flows in chamber due to ionized air particles
  - Smoke decreases conductivity, causing alarm condition





# **Input Devices - Fire**

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# **Automatic Initiating Devices**

- Heat Detectors
  - May be fixed temperature type
    - i.e... 135F\*
  - May be rate of rise type
    - 5 Degrees F\* in 20 Seconds
    - 15 Degrees F\* Per Minute



- Combination Heat Detectors are available (ROR and FIXED)
- Used in high steam or dusty environments
  - Garages
  - Kitchens
- Re-settable or disposable
- Not a life safety device

# **Automatic Initiating Devices**

#### Water-Flow Switch

 Any flow of water from a sprinkler system equal to or greater than that from a single automatic sprinkler head will result in activation of this switch and subsequently indicate an alarm condition



# **Manual Initiating Devices**

- Fire Box (Manual Pull Station)
  - When shorted trips an alarm (usually fire)
  - Installed in the normal exit path
- Types of Fire Box
  - Single Action
    - Pull handle once
  - Glass Break
    - Glass rod or plate is broken
  - Double Action
    - Lifting of a cover or opening a door



## **Input Devices - Property**

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# **Automatic Initiating Devices**

- Temperature Detectors
  - Digital
  - Fixed or programmable operation
  - Used in...
    - Cold storage
    - Freezers
    - Computer rooms

- Require power from the control panel / alternate source



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**Output Devices** 



- Controlled by the panel
- Can be visual, audible or both
- Can be local or remote
- More than one may be activated at any given time

# **Audible Output Devices**

- An audible alarm signal lets people know the alarm system has been activated
- Devices may be mounted inside or outside based on level of protection required
- May consist of:
  - Sirens
  - Bells
  - Buzzers
  - Horns
  - Voice Drivers



# **Automatic Initiating Devices**

- A visual signal lets users know the status of the alarm system if activated
- Visual devices may be mounted inside or outside
- May consist of...
  - Strobe lights
  - -LED's
  - Line carrier ie. X10 Pro
  - On / Off site printer



# Burglar & Fire Alarm Basics

System Communications



# **Alarm Communications**

- Local
- Central Station



#### **Local Alarm System**



#### **Possible Response**

- Neighbor
- Passer By
- Police Patrol

# **Communication Devices**

- Digital communicator
  - Uses existing phone line to send a signal to a central monitoring station staffed 24 hours a day

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- Signal consists of:
  - Subscriber account number
  - Alarm identifier code
  - Zone / code identifier
- Central station then forwards signal to the proper authorities for response

#### Digital Communicator

- Contact ID Transmission Format

#### Example : 2546 - E - 131 - 01 - 007

- **2546** = Subscriber Account Number
  - **E** = Event Qualifier [ E=New Event & R = Restore]
- **131** = Event Code [131= Perimeter Burglary]
- **01** = Partition Number
- **007** = Zone or User Number

The Jones Residence, New Event, Burglary On Zone # 7



#### Alarm Communications – A Review...



ANSI/SIA CP-01-2000, a FALSE ALARM REDUCTION standard, calls for manufacturer's to default control panels as follows:

- 60 second exit delay
- 30 second entry delay
- 30 second dialer delay
- Auto stay arming enabled
- Cancel verify option is enabled (displays on keypad)
- Swinger suppression defaulted to 1 report per zone per armed period

#### What the **Best** of the **Best** know...

#### **Power Calculation**

It is vital on any installation to ensure that device power needs do not exceed the available panel power output. Your panel is rated to provide a set amount of current on the auxiliary power output. You MUST add up the current draw of all devices you plan to attach to this output – this number should <u>**never**</u> exceed the maximum output. If maximum output is exceeded you will need to add a power supply, like the Ademco AD12612.

#### Example 1

Panel available aux power = 500mA <u>Devices attached to aux power:</u> 2x Keypads = 120mA each = 240ma 1x Wireless receiver = 60ma 1x Motion detector = 25mA Total = 325mA **GOOD** 

#### Example 2

Panel available aux power = 500mA <u>Devices attached to aux power:</u> 4x Keypads = 120mA each = 480ma 3x Motion detector = 25mA each = 75mA Total = 555mA

#### NOT GOOD

Add optional power supply

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#### **Vital equipment**

- Have the following with you / on your service vehicle at <u>all</u> times: (installers and troubleshooters / service techs)
  - Ademco alpha keypad (need for programming / troubleshooting)
  - Voltage meter (preferably digital)
    - Measure AC and DC voltages
    - Continuity
    - Ohm / resistance
  - Telephone Butt / Hand set





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